


Mud: Explore and Learn

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June 29th is International Mud Day but you can play and learn with mud all year long! Read one mother's special moment when her children played together in the mud and tell us about your favorite mud moments and memories!

Here are some 3 fun ways to celebrate:

- **Mud play:** Offer shovels, buckets, plastic animals and figures and water. Ask: what would happen if you did a deep hole and fill it with water? A shallow hole? Let your child explore and see what they discover. (See Five Essentials to Meaningful Play)
- **Mud paint:** Fill a cup with dirt and water and mix to create mud paint. Use sticks or paintbrushes to paint on paper or the sidewalk. Construct mud objects: Shape mud pies or sculptures. Children can decorate with pebbles, or other found objects if they like. Ask: what would happen if you add more water? More dirt? Leave it to dry in the sun?
- **Mud books:** Read books about mud! Try: *Pigs in the Mud in the Middle of the Rud* by: Lynn Plourde; *Mud Pies and Other Recipes* by: Marjorie Winslow; *Stuck in the Mud* by: Shana Corey; *Harry the Dirty Dog* by: Gene Zion

Audience: *Family*

Age: *Early Primary, Infant/Toddler, Kindergarten, Preschool*

Topics: *Other Topics, Play, Outdoor*